



ADRC Group Walk Hazard Appraisal – Issue 1 30.11.20

Please use this ADRC Group Walk Hazard Appraisal to assist you in identifying possible hazards on every ADRC group walk that you lead, and the measures that you can take to minimise/eliminate those hazards. It is recommended that copies should be kept for one year following the date of your walk.

This document is to be read in conjunction with the current version of the ADRC "Guidelines for Members Taking Part in Club Walks". Neither of the documents are to be considered as definitive - and both are subject to change. Walking Participants shall include; Club Members, Guests of Club Members and Prospective new Club Members.

| Date of Walk | Walk Leader(s) | Walk Location | Assessment Date | Reconnoitre Date |
|--------------|----------------|---------------|-----------------|------------------|
| | | | | |

Page 1 of 3 - Covid-19 Related Hazards Identified & Guideline Control Measures

| Possible Hazard | Those at Risk and How | Ways to Control the Impact of the Hazard | Actioned Y/N or N/A |
|--|---|---|---------------------------|
| The transmission of Covid-19 by close contact with others | Walking Participants and the General Public - through the spreading of Covid-19 | Plan the walk for a less busy time, or avoid known busy/popular locations and routes. | |
| | | Remind walk participants beforehand of the guidelines and include those concerning travel and transport. | |
| | | Avoid wherever possible narrow routes where physical distancing is not possible. | |
| | | Give clear information re' booking on the walk to limit the group size. | |
| | | Advise participants at the pre-walk brief of the need to maintain physical distancing and that this is their responsibility. | |
| | | Advise participants what to do at pinch points to maintain physical distancing. For example at stiles, gates, road crossings. | |
| | | Advise participants to carry a face mask/covering in case of incidents. | |
| | | Ensure that you have a record of all participants who were on the walk. | |
| The transmission of Covid-19 by contact with gates, stiles, fences, equipment etc. | Walking Participants and the General Public - through the spreading of Covid-19 | Advise participants to avoid touching gates and path furniture etc wherever possible. | |
| | | Suggest participants use hand sanitizer and/or wear gloves during the walk. | |
| | | Advise participants not to share food, drink or walking equipment with others. | |
| | | Advise participants to undertake a full hand wash on returning home from the walk. | |



Page 2 of 3 – Possible/Actual Walk Hazards Identified & Guideline Control Measures

| Possible or Actual Walk Hazard | Those at Risk and How | Ways to Control the Impact of the Hazard | Actioned Y/N or N/A |
|---|--|--|---------------------|
| Extreme Weather Conditions | Walking Participants - risk of illness, injury, the group, or an individual, becoming stranded and/or lost. | Check the weather forecast and postpone/cancel if necessary. Advise walkers to bring suitable clothing and equipment for the conditions. | |
| | | Have escape routes in mind having identified these during the recce. Abandon the walk and use these as required. | |
| | | Regularly count the group number and discreetly check their condition. | |
| Road Traffic | Walking Participants - risk of injury/death from collision with road traffic. | Advise the group when walking on roads/lanes of the possibility of traffic and the need to walk in single file on one side of the road. | |
| | | When crossing any road where traffic is a possibility choose a suitable crossing point. | |
| Livestock | Walking Participants - risk of injury/death from incidents involving livestock. Risk of livestock injury/death and/or property damage if livestock escape. | Advise the group of caution required when entering areas where livestock is present and cross the area in small groups. | |
| | | Wherever possible skirt around livestock and keep to field edges when livestock is present. | |
| | | When passing through gates where livestock are present appoint a "gate guard" to ensure no animals get through. | |
| | | Close all gates behind you - or leave gates as you find them. | |
| | | Follow the Countryside Code (England and Wales) and Access Code (Scotland). | |
| Steep, slippery or muddy sections on the walk | Walking Participants risk of injury/death from trips/slips | Check for steep/muddy/slippery sections on the recce and change the route if possible. | |
| | | Advise of steep/muddy/slippery sections in the walk description and also during the walk. | |
| Cliffs and/or sheer drops/scrambling | Walking Participants - risk of injury/death from falls | Advise of cliffs/ sheer drops/scrambling in the walk description and also during the walk. | |
| | | Check for cliffs/sheer drops/scrambling on the recce and change the route if possible. | |
| | | If scrambling is involved advice is to be given by the leader or a competent and knowledgeable person. | |



Page 3 of 3 – Other Related Hazards Identified and Control Measures Used

Please indicate below any additional hazards on your walk and the control measures used to reduce the impact of that hazard on the walk..

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