

ALTRINCHAM & DISTRICT RAMBLING CLUB

<http://www.altrincham-ramblers.org.uk>

SEPTEMBER CIRCULAR 2023

ADRC Leaders and Members should note the following matters:

Current Walk Category Descriptions:

- 1. Challenging.** Numerous steep gradients and/or rough, difficult terrain.
 - 2. Strenuous.** Some steep gradients and/or fairly rough terrain.
 - 3. Moderate.** Moderate gradients and/or uneven terrain.
 - 4. Easy.** May include some easy gradients, uneven paths, steps and stiles.
- Combinations.** Where combinations of the above are used this indicates that there will be some of each category during the walk and that, for example, if a walk is categorised as a 3/2, this indicates that the larger percentage of the walk will be category 3. If the walk is categorised as 2/3 then the larger percentage of the walk will be category 2.

Insurance. It is a condition of the Club's insurers that Hazard Appraisals for all Club organised walks are to be completed by all Leaders in conjunction with their walk reconnoitres prior to every walk. In addition, a list of the walk participants should be compiled and sent to Phil Worsley on completion of the walk.

Walking Conditions. Walkers are responsible for any personal injury and/or loss during a Club walk. Other stipulations, such as with regard to guests, dogs on walks etc., are contained within the Club's "Guidelines for Members Taking Part in Club Walks" (Issue 5, November 2021) document, which can be found in the "Members Area/Documentation" section of the Club website.

All of the above are subject to change. Please continue to check the Club website and your e-mail inbox/spam for the current information and advice.

SUNDAY 3rd SEPTEMBER, The Clwydian Hills, 9.5 Miles, Cat' 3/2, Transport 45 Miles (£10.00)

Times Altrincham Meet N/A, Walk Start Time 10:00

Leader(s) Phil Worsley.

Park Cars Moel Famau Country Park lower car park (**where leader will meet**). GR SJ173611. Postcode CH7 5SH. Turn right off the A494, 0.5 miles **past Loggerheads Country Park**. The car park is then 1.25 miles along the minor road on the right hand side.

Details This clockwise undulating circuit in the Clwydian Hills will initially travel via Bwlch Penbarra and the Offa's Dyke Path to reach Moel Famau and Moel Dywyll. Leaving Offa's Dyke behind the route continues via Cae Newydd, Frith and Brithdir-mawr before utilising the tracks on the southern fringe of the Clwyd Forest to return to the start point. Across the 9.5 miles there is approx. 2,200 feet of ascent/descent (all taken at a steady pace) and of course the excellent scenery that the Clwydian Hills provide. Book with Phil.

SUNDAY 3rd SEPTEMBER, Nether Alderley and Chelford, 7 Miles, Cat' 4, Transport 8 Miles (£2.00)

Times Altrincham Meet N/A, Walk Start Time 10:30

Leader(s) Carol West & Stella Lewis.

Park Cars Nether Alderley Mill (**where leaders will meet**). Postcode SK10 4TW.

Details **The apple walk** begins by Nether Alderley Church and follows paths to and around Chelford and Astle Farm, returning to pick apples on the way back to the mill. Book with Carol.

WEDNESDAY 6th SEPTEMBER, President's Walk/Lunch, 6.5 Miles, Cat' 3, Transport 17 Miles (£4.25)

Times Altrincham Meet 8:45, Walk Start Time 9:45

Leader(s) Beverly Harrison.

Park Cars The far side of Macclesfield Golf Club car park, The Hollins. Postcode SK11 7EA.

Details **The longer variant of the President's Walk – Tegg's Nose.** Gentle stroll over the golf course to Langley, then to Tegg's Nose via the Sadlers Way, (one of the easier ways up) with as many stops as necessary. Returning to cars via the Gritstone Trail, Cliff Lane and the canal. Book with Beverly.

WEDNESDAY 6th SEPTEMBER, President's Walk/Lunch, 5.5 Miles, Category 4, Transport 17 Miles (£4.25)

Times Altrincham Meet N/A, Walk Start Time 10:00

Leader(s) Heather Wykes.

Park Cars The far side of Macclesfield Golf Club car park, The Hollins. Postcode SK11 7EA.

Details **The shorter variant of the President's Walk – Sutton Reservoir and Hall.** A suitable and flattish walk led by Heather which will include a drinks break. For full details of the lunch see the entry in "Other News". Book with Heather.

SUNDAY 10th SEPTEMBER. Coach trip to Ilkley. There are no local walks today.

WEDNESDAY 13th SEPTEMBER, Hope Valley & Winn Hill, 10 Miles, Cat' 3/2, Transport 27 Miles (£6.75)

Times Altrincham Meet N/A, Walk Start Time 10:15

Leader(s) John Capel.

Park Cars Castleton Visitors Centre P+D Car Park (£6.00), Hope Valley, **(where leader will meet)**. toilets, cafe. Postcode S33 8WN, GR SK149830.

Details Starting in front of the Visitors Centre, through Castleton village and then fields following Peakshole Water/River Noe along the Hope Valley, briefly passing the (underwhelming) remains of the Roman Fort, Navio, and into Brough. Start of gentle climbing near Hope Station, on to Aston, then a steep climb up to Win Hill Pike (463m), where spectacular 360 degree views await. Return via Twitchill Farm, Spring House Farm and back to the car park. Book with John.

WEDNESDAY 13th SEPTEMBER, Alderley Edge, 7 Miles, Cat' 3, Transport 12 Miles (£3.00)

Times Altrincham Meet N/A, Walk Start Time 10:00

Leader(s) David & Judith Burns.

Park Cars Meet in the National Trust car park on B5087 Macclesfield Road **(where leaders will meet)**. Postcode SK10 4UB and bring your NT card if you have one or £7. Toilets available.

Details An easy walk until we come out of the village, there is then a steep incline with many steps. We set off towards Finlow Hill Lane, Hayman's Farm and AZ woodlands. Passing St Mary's church we go through fields to Alderley village. Up Chapel Road and Squirrels Jump, a steady climb up many steps takes us to the edge. Good views reward us, before returning to the car park. About 8 stiles during the walk. Book with Judith.

SUNDAY 17th SEPTEMBER, North East of Littleborough, 10 Miles, Cat' 3/2, Transport 30 Miles (£7.50)

Times Altrincham Meet N/A, Walk Start Time 10:00

Leader(s) Nigel Gartside.

Park Cars Free car park below White House pub off A58 Halifax Road **(where leader will meet)**. GR SD968179 Postcode OL15 0LG.

Details Pennine Bridleway to descend via Chelburn Reservoir to Summit then along the Rochdale canal to lock 33 at Bottomley where we start our ascent to pick up the 'Salt Trail', an ancient pack horse route that ran from Winsford to Halifax. Upon reaching Rake End we continue our ascent to Gaddings Dam before returning to cars via Stony Edge Rocks, Rochdale Way and Cow Head. Book with Nigel.

SUNDAY 17th SEPTEMBER, Hazel Grove/Happy Valley, 5.5 Miles, Cat' 4, Transport 15 Miles (£3.75)

Times Altrincham Meet N/A, Walk Start Time 10:30

Leader(s) Beryl Hunwick.

Park Cars Small car park at the corner of Poynton Lake **(where leader will meet)**. GR SJ923847. A523 Poynton to Hazel Grove, turn right immediately after Poynton Lake into Anglesey Drive.

Details Lovely walk by Ladybrook, through farmlands and woods with only one short climb and some lane walking. There are a few stiles, one tricky and it can be muddy in places. In two places the walk will take us very close to the link between the A6 and Manchester Airport. Book with Beryl.

WEDNESDAY 20th SEPTEMBER, Coombs Edge/Broadbottom, 10 Miles, Cat' 3/2, Transport 20 Miles (£5.00)

Times Altrincham Meet N/A, Walk Start Time 10:00

Leader(s) John Beardmore & Paul Upton.

Park Cars On access road to Lymefield Garden Centre, Broadbottom **(where leaders will meet)**. GR SJ994937, Postcode SK14 6AG. There are toilets and cafe when centre is open. From M57/A57 turn right at traffic lights onto B6174 to Broadbottom. Immediately under railway bridge turn right onto access road marked Lymefield Garden Centre. Free parking along lower end of access road, please do not park in recess by the craft shop.

Details Cross river Etherow, follow lane/tracks to Higher Chisworth, onto Ayton Farm with steady climbs onto Coombes Edge Way. Descend to cross A626 and over fields to re-join lane and river to cars. There are various stiles and possible wet tracks, but good views in fine weather. Book with John.

WEDNESDAY 20th SEPTEMBER, Higher Poynton, 6 Miles, Cat' 3/4, Transport 14 Miles (£3.50)

Times Altrincham Meet N/A, Walk Start Time 10:30

Leader(s) John & Sue Peel.

Park Cars Nelson Pit Car Park (P&D £3) Higher Poynton **(where leaders will meet)**. Nearest Postcode SK12 1TH. Take the Manchester Link Road A555 for Poynton. At the crossroads in Poynton Village take the Park Lane exit. After approx. 3/4 mile turn left into Middlewood Road. Turn right at the Anson Engine Museum sign into Anson Road. Cross over the crossroad at the Boars Head P/H where you will find the car park on the left.

Details Pleasant walk incorporating canal towpaths, bridleways, woodland paths and moorland. Passing through Lyme Park where we stop for lunch. Exiting Lyme Park we cross moorland with far reaching views, returning to the car park via Middlewood Way. A few sections of this walk are uphill where we will take our time. Also 6/7 stiles on the route, all in good order. Book with Sue.

SUNDAY 24th SEPTEMBER, Hartington Upper Quarter, 9 Miles, Cat' 3/2, Transport 25 Miles (£6.25)

Times Altrincham Meet N/A, Walk Start Time 10:30

Leader(s) Brenda Bailey & David Bona.

Park Cars Park cars in either the bottom or top sections of the free Derbyshire Bridge Car Park (**where leaders will meet**). OS MAP 0L1. Nearest Postcode SK11 0AR. GR SJ981728. Take the A555 from Manchester Airport towards Poynton and then the A523 to Macclesfield. Then just past Arighi Bianchi turn left onto the A537 Buxton Road up to the Cat & Fiddle Inn. Just past the Inn turn left into the side road shown on the sign (Derbyshire Bridge only) and then down to the car park.

Details A circular Walk from the car park round and up to Axe Edge Moor and down to Three Shire Heads. Then up along Danebower Hollow, past The Cat & Fiddle and down to the parked cars. Mainly good paths and a few stiles. Book with David.

SUNDAY 24th SEPTEMBER, Kelsall, 6 Miles, Cat' 4/3, Transport 23 Miles (£5.75)

Times Altrincham Meet N/A, Walk Start Time 10:30

Leader(s) Pam & Phil Grundy.

Park Cars King's Gate Woodland car park. GR 535679. Nearest post code CW6 0PE. Take A556 through Sandiway and Oakmere and merge onto the A54. Turn left at the lights to Kelsall. After about 100 yds turn left into Waste Lane. The lane bends left at the bottom with a green and pond on your right then bends right to the car park.

Details A walk from Primrose Hill beginning down the Sandstone Trail and passing Boothsdale. After a little road walking we turn up past Tirley Garth and return through the wood along good trails passing Urchins Kitchen to the car park. No stiles. Book with Pam.

WEDNESDAY 27th SEPTEMBER, Forest of Bowland, 10 Miles, Cat' 3/2, Transport 54 Miles (£10.00)

Times Altrincham Meet N/A, Walk Start Time 10:15

Leader(s) David Bishop. Tel: 0161 980 2081 Mob: 07796 426641

Park Cars Dunsop Bridge car park. Postcode BB7 3BB. GR SD662502 (**where leader will meet**). This is a pay and display (£2.50 all day). There are toilets.

Details A walk with variety, along some little used paths and over quiet moors. The first part follows paths and tracks over undulating farmland, before ascending a bridleway over the heather and peat moors of Dunsop Fell. There is a steep descent to the lonely Whitendale before a short ascent and descent around Middle Knoll. The final 3 miles is along good tracks and the tarmac United Utilities road back to Dunsop Bridge. About 600m of ascent. Likely to be some boggy sections after a period of rain. Book with David.

WEDNESDAY 27th SEPTEMBER, Mobberley, 6 Miles, Cat' 4, Transport 9 Miles (£2.25)

Times Altrincham Meet N/A, Walk Start Time 10:30

Leader(s) Joan Fitzgerald.

Park Cars Opposite St. Wilfred's Church, Church Lane, Mobberley (**where leader will meet**). Postcode for the Church is WA16 7RA. GR SJ790802.

Details This is a pleasant easy walk through fields and lanes around Mobberley, with the addition of a few plane noises at times as Mobberley is under one of the flightpaths for M/CR airport. Book with Joan.

OTHER NEWS

2023 President's Walk and Lunch. This year's event will be at Macclesfield Golf Club on Wednesday 6th September. Hotpot, apple pie and coffee. £16 per person. Pay on the day. Prior to the lunch there will be 2 walks. A 6.5 mile, category 3 walk led by Beverly which will leave the clubhouse at 9:45, and a 5.5 mile, category 4 walk led by Heather which will leave the clubhouse at 10:00. Lunch will be served at 1.30p.m. Book with Heather.

Save the Date. Saturday, 19th August. "2023 Picnic In The Park" event for all Members at Heaton Park. Organised by Celia Betney. Celia will meet at Heaton Park tram stop for 1st and 2nd trams that leave Altrincham at 9:30. Bring a picnic for a fun-filled day. For more details contact Celia.

Save The Date. Thursday December 7th. Christmas Lunch at The Vinery, Bruntwood Park, Cheadle. Time - 12 for 12.30. Two courses, price £14. Booking details and menu choices etc will follow in future circulars. Organisers: Jean Hibbert and Alma Rice.

Save The Date. Monday December 11th. Blaze Farm Christmas Walk and Lunch event organised by Heather. A 3 mile walk followed by a full hot Christmas lunch and festivities. Approximate cost of no more than £20 per person. Full details will appear in the next circular.

New Members. We issue a warm welcome to the following new Members – Mike Crossley, Rob Hollingum & Tim Adams.

Please read on/scroll down for Coach Trip News.

COACH TRIP NEWS

Ilkley Coach Trip Sunday September 10th. Please book with Pauline Glover. Pick up starts from The Downs at 8am. For the pick-up points please see the website. There will be an outward journey stop at Hartshead Moor Services on the M62. The coach booking opens on Friday August 4th, then it opens to non-walkers and non-members on Friday August 18th, then it closes on Tuesday September 5th. The coach will leave Ilkley for the return journey at 6pm or before.

Harder Walk Leaders	Pauline Glover and Beverly Harrison - 10 miles
Intermediate Walk Leaders	David Bona and Brenda Bailey - 8 miles
Easier Walk Leaders	Beryl Hunwick and Frank Dockry - 6 miles

Full details of all of the above walks will be provided by the leaders on the coach.

ADRC, September 2023